

Lampiran 3 : SPSS

Nilai vertical jump kelompok 1

		Statistics		
		sebelum1	sesudah1	selisih1
N	Valid	8	8	8
	Missing	14	14	14
Mean		42,0625	48,0000	5,9375
Std. Deviation		4,88758	5,70088	1,29387

Nilai vertical jump kelompok 2

		Statistics		
		sebelum2	sesudah2	selisih2
N	Valid	8	8	8
	Missing	14	14	14
Mean		42,3750	48,1250	5,7500
Std. Deviation		4,30739	4,83108	1,46385

Selisih Nilai vertical jump kelompok 1 dan 2

		Statistics	
		selisih1	selisih2
N	Valid	8	8
	Missing	14	14
Mean		5,9375	5,7500
Std. Deviation		1,29387	1,46385

Hasil Uji Normalitas

	Kolmogorov-Smirnov ^a			Shapiro-Wilk		
	Statistic	df	Sig.	Statistic	df	Sig.
sebelum1	,142	8	,200*	,953	8	,743
sesudah1	,160	8	,200*	,950	8	,713
selisih1	,168	8	,200*	,970	8	,900
sebelum2	,189	8	,200*	,910	8	,352
sesudah2	,258	8	,126	,862	8	,124
selisih2	,196	8	,200*	,921	8	,437

*. This is a lower bound of the true significance.

a. Lilliefors Significance Correction

Hasil Uji Homogenitas

Group Statistics

	perlakuan	N	Mean	Std. Deviation	Std. Error Mean
sebelum	1	8	42,0625	4,88758	1,72802
	2	8	42,3750	4,30739	1,52289

Independent Samples Test

		Levene's Test for Equality of Variances		t-test for Equality of Means					95% Confidence Interval of the Difference	
		F	Sig.	t	df	Sig. (2-tailed)	Mean Difference	Std. Error Difference	Lower	Upper
sebelum	Equal variances assumed	,067	,800	-,136	14	,894	-,31250	2,30331	-5,25261	4,62761
	Equal variances not assumed			-,136	13,782	,894	-,31250	2,30331	-5,25995	4,63495

Uji Hipotesis 1

Paired Samples Statistics

		Mean	N	Std. Deviation	Std. Error Mean
Pair 1	sebelum1	42,0625	8	4,88758	1,72802
	sesudah1	48,0000	8	5,70088	2,01556

Paired Samples Test

		Paired Differences							
		Mean	Std. Deviation	Std. Error Mean	95% Confidence Interval of the Difference		t	df	Sig. (2-tailed)
			n		Lower	Upper			
Pair 1	sebelum1 - sesudah1	-5,93750	1,29387	,45745	-7,01920	-4,85580	-12,979	7	,000

Uji Hipotesis 2

Paired Samples Statistics

		Mean	N	Std. Deviation	Std. Error Mean
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Pair 1	sebelum2	42,3750	8	4,30739	1,52289
	sesudah2	48,1250	8	4,83108	1,70804

Paired Samples Test

		Paired Differences					t	df	Sig. (2-tailed)
		Mean	Std. Deviation	Std. Error Mean	95% Confidence Interval of the Difference				
					Lower	Upper			
Pair 1	sebelum2 - sesudah2	-5,75000	1,46385	,51755	-6,97381	-4,52619	-11,110	7	,000

Uji Hipotesis 3

Group Statistics

	perlakuan	N	Mean	Std. Deviation	Std. Error Mean
selisih	1	8	5,9375	1,29387	,45745
	2	8	5,7500	1,46385	,51755

Independent Samples Test

		Levene's Test for Equality of Variances		t-test for Equality of Means						
		F	Sig.	t	df	Sig. (2-tailed)	Mean Difference	Std. Error Difference	95% Confidence Interval of the Difference	
									Lower	Upper
selisih	Equal variances assumed	,380	,548	,271	14	,790	,18750	,69074	-1,29399	1,66899
	Equal variances not assumed			,271	13,792	,790	,18750	,69074	-1,29609	1,67109